

AIA • ALL STAR DANCE DIVISIONS

I – DIVISIONS AND TOURNAMENT INVITATIONS

Event Producers (EPs) are NOT required to include every division in their events. They can choose divisions from the provided list **AND/OR** offer their national/current divisions to ensure compatibility with their country's age grid structure.

II – AGE ELIGIBILITY – BIRTH YEAR

Athletes qualify based on the age they will be on **December 31, 2026**. This means their **birth year** determines their eligibility for the 2025-2026 competition season except for U16 MOD* divisions

- **July 15th, 2016** – 10 years old (U16 MOD*)
- **2015** – 11 years old (U16 MOD*)
- **2014** – 12 years old (U16 MOD*)
- **2013** – 13 years old (U16 MOD*)
- **2012** – 14 years old (U16 MOD* & U18)
- **2011** – 15 years old (U16 MOD* & U18)
- **2010** – 16 years old (U16 MOD* & U18, OPEN)
- **2009** – 17 years old (U16 MOD*, U18 & OPEN)
- **2008** – 18 years old (U18 & OPEN)
- **2007** – 19 years old (U18, & OPEN)

* **U16 MOD:** A **MODIFICATION** of the U16 division that lowers the bottom age requirement

III – TEAM SIZE REQUIREMENT

The international standard minimum for team size is 6 athletes.

Specification: Teams with fewer than 6 athletes will NOT be eligible to participate.

IV – TIME LIMITS

- Routines **MUST** have a duration of **minimum 1:45** and **maximum 2:15**

V – COMPETITION LIMITS (CHEER & DANCE)

- Athletes may register to compete on a maximum of 4 teams. Up to 2 cheer teams and up to 2 dance teams per athlete

VI – CROSSOVER LIMITS (CHEER & DANCE)

- Participants **can crossover** between cheer and dance
- Athletes can crossover into a **maximum of 2 cheer teams**
- Dancers can crossover into a **maximum of 2 dance teams**
- **All athletes and coaches must declare crossover participation during registration**
- **Violations of crossover rules may result in disqualification of the athlete or team**
- **Registration cost will not be discounted for crossover participants**

VI.1 – DANCE RESTRICTIONS

- Dancers **may NOT crossover to the same genre**, e.g., a dancer in a Pom routine may NOT cross to another Pom routine.

VII – GENRE DESCRIPTION

- **POM** – A Pom routine contains important characteristics such as strong pom quality of movement (clean, precise, sharp motions), synchronization, visual effects and may incorporate pom elements (i.e. pom passes, jump sequences, leaps/turns, kick lines, etc.). Poms must be used in 80% of the routine.
- **HIP HOP** – A Hip Hop routine can incorporate any authentic street style movement with an emphasis on execution, style, creativity, originality, body isolations and control, rhythm, uniformity and musical interpretation.
- **JAZZ** – A Jazz routine can encompass any range of jazz movement including traditional jazz, commercial jazz, musical theater, jazz funk or stylized hard-hitting jazz. Movement is crisp and/or aggressive in approach and can include moments of softness while complementing musicality. Emphasis is placed on style, body alignment, extension, control, uniformity, technical elements, and communication.
- **CONTEMPORARY / LYRICAL** – A Contemporary or Lyrical routine uses organic, expressive, pedestrian and/or traditional modern and/or ballet vocabulary as it complements the lyric, mood and/or rhythmic value of the music. Emphasis is placed on control, expressive movement, dynamics, alignment, use of breath, uniformity, communication and may incorporate purposeful elements and skills.

VIII – AWARDS

- Winners will be determined across **12 divisions**
- **4 Grand Champions** will be awarded to the top-performing teams in their respective categories (**Pom, Hip Hop, Jazz and Contemporary/Lyrical**)

IX – IMAGE POLICY

- All teams competing at the AIA Global Tournament should remain covered up while walking through out the venue.
- Dance teams must adhere to the standards and rules outlined in the IASF Dance policies.

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GENRE	DIVISION	CODE	BIRTH YEAR	SEX/GENDER	# OF ATHLETES	TIME LIMIT	CROSSOVER TO / FROM
POM	U16 MOD*	U16M-P	2009 – 7/15/2016	Female/Male	6 – 30	1:45 - 2:15	HIP HOP, JAZZ or CONT/LYRICAL
POM	U18	U18-P	2007 – 2012	Female/Male	6 – 30	1:45 - 2:15	HIP HOP, JAZZ or CONT/LYRICAL
POM	OPEN	O-P	2010 or Earlier	Female/Male	6 – 30	1:45 - 2:15	HIP HOP, JAZZ or CONT/LYRICAL
HIP HOP	U16 MOD*	U16M-HH	2009 – 7/15/2016	Female/Male	6 – 30	1:45 - 2:15	POM, JAZZ or CONT/LYRICAL
HIP HOP	U18	U18-HH	2007 – 2012	Female/Male	6 – 30	1:45 - 2:15	POM, JAZZ or CONT/LYRICAL
HIP HOP	OPEN	O-HH	2010 or Earlier	Female/Male	6 – 30	1:45 - 2:15	POM, JAZZ or CONT/LYRICAL
JAZZ	U16 MOD*	U16M-J	2009 – 7/15/2016	Female/Male	6 – 30	1:45 - 2:15	POM, HIP HOP or CONT/LYRICAL
JAZZ	U18	U18-J	2007 – 2012	Female/Male	6 – 30	1:45 - 2:15	POM, HIP HOP or CONT/LYRICAL
JAZZ	OPEN	O-J	2010 or Earlier	Female/Male	6 – 30	1:45 - 2:15	POM, HIP HOP or CONT/LYRICAL
CONTEMPORARY / LYRICAL	U16 MOD*	U16M-C/L	2009 – 7/15/2016	Female/Male	6 – 30	1:45 - 2:15	POM, HIP HOP or JAZZ
CONTEMPORARY / LYRICAL	U18	U18-C/L	2007 – 2012	Female/Male	6 – 30	1:45 - 2:15	POM, HIP HOP or JAZZ
CONTEMPORARY / LYRICAL	OPEN	O-C/L	2010 or Earlier	Female/Male	6 – 30	1:45 - 2:15	POM, HIP HOP or JAZZ

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