

AIA • ALL STAR CHEER DIVISIONS

I – DIVISIONS AND TOURNAMENT INVITATIONS

Event Producers (EPs) are NOT required to include every division in their events. They can choose divisions from the provided list **AND/OR** offer their national/current divisions to ensure compatibility with their country's age grid structure.

II – AGE ELIGIBILITY – BIRTH YEAR

Athletes qualify based on the age they will be on **December 31, 2026**. This means their **birth year** determines their eligibility for the 2025-2026 competition season except for U16 MOD* divisions

- **July 15th, 2016** – 10 years old (U16 MOD*)
- **2015** – 11 years old (U16 MOD*)
- **2014** – 12 years old (U16 MOD*)
- **2013** – 13 years old (U16 MOD*)
- **2012** – 14 years old (U16 MOD* & U18)
- **2011** – 15 years old (U16 MOD* & U18)
- **2010** – 16 years old (U16 MOD* & U18, OPEN 2-6)
- **2009** – 17 years old (U16 MOD*, U18, OPEN 2-6 & OPEN 7)
- **2008** – 18 years old (U18, OPEN 2-6 & OPEN 7)
- **2007** – 19 years old (U18, OPEN 2-6 & OPEN 7)

* **U16 MOD:** A **MODIFICATION** of the U16 division that lowers the bottom age requirement

III – TEAM SIZE REQUIREMENT

The **international standard minimum for team size is 16 athletes**. However, teams are permitted to compete with no less than 12 athletes.

Specification 1: Teams with fewer than 12 athletes will NOT be eligible to participate.

Specification 2: Teams with 12-15 athletes will be charged based on 16 athletes.

IV – TIME LIMITS

- Routines **may NOT exceed 2:30**
- **Non-Tumbling** routines **may NOT exceed 2:00**

V – COMPETITION LIMITS (CHEER & DANCE)

- Athletes may register to compete on a maximum of 4 teams. Up to 2 cheer teams and up to 2 dance teams per athlete

VI – CROSSOVER LIMITS (CHEER & DANCE)

- Participants **can crossover** between cheer and dance
- Athletes can crossover into a **maximum of 2 cheer teams**
- Dancers can crossover into a **maximum of 2 dance teams**
- **All athletes and coaches must declare crossover participation during registration**
- **Violations of crossover rules may result in disqualification of the athlete or team**
- **Registration cost will not be discounted for crossover participants**

VI.1 – CHEER RESTRICTIONS

- Athletes **may NOT crossover to teams in the same level** for cheer
- Athletes **may NOT crossover to the same level**. **Specification:** A level and Non-Tumbling of that level are both considered "the same level", e.g., an athlete in L2 may NOT cross to a NT2.

VI.2 – LEVEL RESTRICTIONS

- Athletes in levels 1 through 4 and U16 MOD* 5-6 can freely cross between those divisions/levels
- Athletes in levels 5 through 7 can freely cross between those divisions/levels (except for U16 MOD* 5-6)

VII – AWARDS

- Winners will be determined across **49 divisions**
- **13 Grand Champions** will be awarded to the top-performing teams in their respective categories (**Level 1, 2, NT2, 3, NT3, 4, NT4, 5, NT5, 6, NT6, 7 & NT7**)

VIII – IMAGE POLICY

- All cheer teams competing at the AIA Global Tournament must cover their midriff (NO crop-tops)

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LEVEL	DIVISION	CODE	BIRTH YEAR	SEX/GENDER	# OF ATHLETES	TIME LIMIT	CROSSOVER TO/ FROM
1	U16 MOD*	U16M-1	2009 – 7/15/2016	Female/Male	16 – 30**	2:30	Levels 2/NT2, 3/NT3 or 4/NT4
1	U18	U18-1	2007 – 2012	Female/Male	16 – 30**	2:30	Levels 2/NT2, 3/NT3 or 4/NT4
2	U16 MOD*	U16M-2	2009 – 7/15/2016	Female/Male	16 – 30**	2:30	Levels 1, 3/NT3 or 4/NT4
NT2	U16 MOD*	U16M-NT2	2009 – 7/15/2016	Female/Male	16 – 30**	2:00	Levels 1, 3/NT3 or 4/NT4
2	U18	U18-2	2007 – 2012	Female/Male	16 – 30**	2:30	Levels 1, 3/NT3 or 4/NT4
NT2	U18	U18-NT2	2007 – 2012	Female/Male	16 – 30**	2:00	Levels 1, 3/NT3 or 4/NT4
2	OPEN	O-2	2010 or Earlier	Female/Male	16 – 30**	2:30	Levels 1, 3/NT3 or 4/NT4
NT2	OPEN	O-NT2	2010 or Earlier	Female/Male	16 – 30**	2:00	Levels 1, 3/NT3 or 4/NT4
3	U16 MOD*	U16M-3	2009 – 7/15/2016	Female/Male	16 – 30**	2:30	Levels 1, 2/NT2 or 4/NT4
NT3	U16 MOD*	U16M-NT3	2009 – 7/15/2016	Female/Male	16 – 30**	2:00	Levels 1, 2/NT2 or 4/NT4
3	U18	U18-3	2007 – 2012	Female/Male	16 – 30**	2:30	Levels 1, 2/NT2 or 4/NT4
NT3	U18	U18-NT3	2007 – 2012	Female/Male	16 – 30**	2:00	Levels 1, 2/NT2 or 4/NT4
3	OPEN	O-3	2010 or Earlier	Female/Male	16 – 30**	2:30	Levels 1, 2/NT2 or 4/NT4
NT3	OPEN	O-NT3	2010 or Earlier	Female/Male	16 – 30**	2:00	Levels 1, 2/NT2 or 4/NT4
4	U16 MOD*	U16M-4	2009 – 7/15/2016	Female/Male	16 – 30**	2:30	Levels 1, 2/NT2 or 3/NT3
NT4	U16 MOD*	U16M-NT4	2009 – 7/15/2016	Female/Male	16 – 30**	2:00	Levels 1, 2/NT2 or 3/NT3
4	U18	U18-4	2007 – 2012	Female	16 – 30**	2:30	Levels 1, 2/NT2 or 3/NT3
NT4	U18	U18-NT4	2007 – 2012	Female	16 – 30**	2:00	Levels 1, 2/NT2 or 3/NT3
4	U18 COED	U18C-4	2007 – 2012	1-20 Males***	16 – 30**	2:30	Levels 1, 2/NT2 or 3/NT3
NT4	U18 COED	U18C-NT4	2007 – 2012	1-20 Males***	16 – 30**	2:00	Levels 1, 2/NT2 or 3/NT3
4	OPEN	O-4	2010 or Earlier	Female	16 – 30**	2:30	Levels 1, 2/NT2 or 3/NT3
NT4	OPEN	O-NT4	2010 or Earlier	Female	16 – 30**	2:00	Levels 1, 2/NT2 or 3/NT3
4	OPEN COED	OC-4	2010 or Earlier	1-20 Males***	16 – 30**	2:30	Levels 1, 2/NT2 or 3/NT3
NT4	OPEN COED	OC-NT4	2010 or Earlier	1-20 Males***	16 – 30**	2:00	Levels 1, 2/NT2 or 3/NT3
5	U16 MOD*	U16M-5	2009 – 7/15/2016	Female/Male	16 – 30**	2:30	Levels 6/NT6 or 7/NT7
NT5	U16 MOD*	U16M-NT5	2009 – 7/15/2016	Female/Male	16 – 30**	2:30	Levels 6/NT6 or 7/NT7
5	U18	U18-5	2007 – 2012	Female	16 – 24**	2:30	Levels 6/NT6 or 7/NT7
NT5	U18	U18-NT5	2007 – 2012	Female	16 – 30**	2:00	Levels 6/NT6 or 7/NT7
5	U18 COED	U18C-5	2007 – 2012	1-16 Males***	16 – 24**	2:30	Levels 6/NT6 or 7/NT7
NT5	U18 COED	U18C-NT5	2007 – 2012	1-20 Males***	16 – 30**	2:00	Levels 6/NT6 or 7/NT7
5	OPEN	O-5	2010 or Earlier	Female	16 – 24**	2:30	Levels 6/NT6 or 7/NT7
NT5	OPEN	O-NT5	2010 or Earlier	Female	16 – 30**	2:00	Levels 6/NT6 or 7/NT7
5	OPEN COED	OC-5	2010 or Earlier	1-16 Males***	16 – 24**	2:30	Levels 6/NT6 or 7/NT7
NT5	OPEN COED	OC-NT5	2010 or Earlier	1-20 Males***	16 – 30**	2:00	Levels 6/NT6 or 7/NT7
6	U16 MOD*	U16M-6	2009 – 7/15/2016	Female/Male	16 – 24**	2:30	Levels 5/NT5 or 7/NT7
NT6	U16 MOD*	U16M-NT6	2009 – 7/15/2016	Female/Male	16 – 30**	2:00	Levels 5/NT5 or 7/NT7
6	U18	U18-6	2007 – 2012	Female	16 – 24**	2:30	Levels 5/NT5 or 7/NT7
NT6	U18	U18-NT6	2007 – 2012	Female	16 – 30**	2:00	Levels 5/NT5 or 7/NT7
6	U18 COED	U18C-6	2007 – 2012	1-16 Males***	16 – 24**	2:30	Levels 5/NT5 or 7/NT7
NT6	U18 COED	U18C-NT6	2007 – 2012	1-20 Males***	16 – 30**	2:30	Levels 5/NT5 or 7/NT7
6	OPEN	O-6	2010 or Earlier	Female	16 – 24**	2:30	Levels 5/NT5 or 7/NT7
NT6	OPEN	O-NT6	2010 or Earlier	Female	16 – 30**	2:00	Levels 5/NT5 or 7/NT7
6	OPEN COED	OC-6	2010 or Earlier	1-16 Males***	16 – 24**	2:30	Levels 5/NT5 or 7/NT7
NT6	OPEN COED	OC-NT6	2010 or Earlier	1-20 Males***	16 – 30**	2:00	Levels 5/NT5 or 7/NT7
7	OPEN	O-7	2009 or Earlier	Female	16 – 24**	2:30	Levels 5/NT5 or 6/NT6
NT7	OPEN NT	O-NT7	2009 or Earlier	Female	16 – 30**	2:00	Levels 5/NT5 or 6/NT6
7	OPEN COED	OC-7	2009 or Earlier	1-16 Males***	16 – 24**	2:30	Levels 5/NT5 or 6/NT6
NT7	OPEN NT COED	OC-NT7	2009 or Earlier	1-20 Males***	16 – 30**	2:00	Levels 5/NT5 or 6/NT6

***U16 MOD:** A MODIFICATION of the U16 division that lowers the bottom age requirement

**** MINIMUM NUMBER OF ATHLETES:** Teams may compete in the tournament with minimum of 12 athletes without incurring in a score penalty. However, they will be charged based on 16 athletes.

***** COED TEAMS:** The maximum number of males on a coed team may not exceed 2/3 of the total athletes on the team

# OF ATHLETES	2/3 MALES
12	8
13	8
14	9
15	10
16	10
17	11
18	12
19	12
20	13
21	14
22	14
23	15
24	16
25	16
26	17
27	18
28	18
29	19
30	20